



CMSRU Update

News & Information from
Cooper Medical School of Rowan University

June 26, 2020

Welcome!

Welcome to our online newsletter for communicating news, events, activities and accomplishments for members of the CMSRU community! Formerly called "Weekly Update," we've changed the name to **CMSRU Update**.

If you have a story you wish to share, please send a few well-crafted paragraphs with the "who, what, when, why and how" and a suggested image to **Sharon Clark** at clarks@rowan.edu. To ensure your email isn't overlooked, please put "**CMSRU Update Submission**" in the subject line of the email. CMSRU Update will be published bi-weekly on Fridays.

CMSRU Community: Make your voices heard

In 2015, Cooper's Ferry Partnership, Cooper-Grant Neighborhood Association, and Rutgers University-Camden partnered with residents and community members to develop Connecting Communities, a neighborhood action plan to promote economic development and healthy, revitalized neighborhoods in the Cooper-Grant/Central Waterfront area of Camden.

Progress has been made on a number of the priorities identified in the Connecting Communities plan, and the partners are now seeking input from residents, employees, and stakeholders as they begin to implement additional plans.

As CMSRU employees and students working and studying in this area of the city, your input is important to help identify key priorities of the Connecting Communities plan.

Please click [here](#) to take a brief survey **by July 1, 2020**. You may also complete the survey by phone (in English or Spanish) by calling 856.292.5788.



Reflections sought for publication in Center for Humanism newsletter

The CMSRU Office of Diversity and Community Affairs, in collaboration with the Center for Humanism, Professionalism, Medical Ethics, and Law, is soliciting stories from providers, nurses, staff, and students about racism in health care and our fight to create an anti-racist culture at Cooper and in our communities. These will be shared in a special issue of the Center for Humanism's newsletter to be published this summer.

Please send us your reflections about your experiences advocating for health equity and racial justice, or experiences witnessing or experiencing racism and how it affected you. We are hoping for stories about personal experiences, not scientific articles for a medical journal. We want to hear about a moment that made you think differently about race and racism.

Possible ideas include:

- Describe an experience, a moment, or an interaction that was affected by race or ethnicity
- Describe a moment when you did something hurtful to someone else because of their race, and what you learned from it
- Describe a moment where you learned about a new culture
- Describe how you felt learning about the anti-racism efforts of the last few months



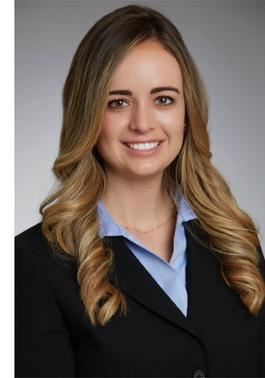
We welcome submissions from students, faculty, staff, and community members. They can be about moments of sadness and hurt, or moments of joy and optimism.

All reflections should be 300-500 words and must be in compliance with patient privacy laws. We are open to considering anonymous submissions.

Please send submissions or questions by 7/17/20 to Dr. Mara Gordon at gordon-mara@cooperhealth.edu.

Holly Dickinson earns Act of Kindness Award

The winner Act of Kindness Award for the first quarter of 2020 was **Holly Dickinson**, nominated by Lindsay Fleisher. It was a difficult decision due to a number of remarkable nominations: **Richard Suarez** nominated by Kelly Gilrain; **Aishwarya Shah** nominated by Yash Patel; **Alex Bjöling** nominated by Bo Choi; and **Rebecca Neill** nominated by Elena Sharma



Examples of what was sent to the Center for Humanism for consideration included the following:

- *"Today in the cafeteria, that was very busy and people were annoyed, the student went out of their way to be kind to the cashier and inquire about her day! It was wonderful to see this happen and for this student to model kind and compassionate behavior!"*
- *"This student would always take the time to check in on my mental well-being and other stressors that might be happening in my life. This student has been a person who I have turned to for advice on multiple occasions, and has been nothing but happy to answer all of my questions. I have witnessed the kind and warm demeanor make a difference in other students' lives as well."*
- *"This student really went out of their way to find out one little piece of information that would make not only the patient's life easier for future scans but also the medical team taking care of her."*
- *"This student checks in almost every day to ask how my studies are going. If I complain, this student is the cheerleader that motivates me to go a little farther and devotes hours to make sure I am on a path to success. No exam day is complete without an encouraging message."*
- *"I have seen this student drop everything to lend a sympathetic ear to a friend or lighten someone's burden, is always supportive and positive, and takes care to validate the feelings of the people who bring their troubles. This student provides a humanistic perspective to all discussions of patient care."*

Act of Kindness Award Nomination Procedure

- 1) Any student can nominate another student (no self-nominations).
 - The name of the student must be given
 - A brief paragraph supporting the nomination (no patient names allowed)
- 2) Nominations will be via an email sent to centerforhumanism@rowan.edu
- 3) A panel will select the winner quarterly
- 4) The student must accept the award before any public recognition is given.
- 5) The Gold Humanism students will select the annual awardee.

Accomplishments, Awards and Accolades



Giselle Mayock, director of admissions, successfully completed the Association of American Medical Colleges' (AAMC) Leadership Education and Development (LEAD) Certificate Program. LEAD is a program that cultivates leaders in academic medicine through evidence-based, collaborative learning and reflective practice. The one-year, cohort-based program focused on four areas: Strategic vision



Christopher Re (M3) participated in the prestigious week-long **Hazelden Betty Ford Foundation Summer Institute for Medical Students (SIMS) Addiction Medicine Immersion Program**. SIMS draws applicants from medical schools around the world. Christopher spent June 15-19 in Rancho Mirage, Calif., shadowing patients with substance use disorders, engaging with family

and setting direction; developing people; Developing organizations; and Managing effectively. Congratulations, G!

program participants, learning the art of Qigong, and attending lectures given by addiction medicine faculty to gain further insight into the dynamics of addiction, the variety of addiction treatment modalities, and the life-long process of recovery.

[Click here for information applying to this program in the future.](#)



Annette C. Reboli, MD, dean, received \$399,517 (Year 3 of 5, total award amount to date: \$1,193,123) from Health Resources and Services Administration (HRSA), an agency of the U.S. Department of Health and Human Services, to support the project "**Primary Care Training and Enhancement: Training Primary Care Champions.**"



Kevin Currie, PhD, associate professor of biomedical sciences, received \$28,926 (Year 3 of 5, total award amount to date: \$86,209) from the National Institutes of Health via Vanderbilt University to support the study, "**The role of the glial engulfment receptor Jedi1 in regulating sensory neuron function.**"

A Message from the Faculty & Staff Wellness Committee

Happy Summer!

The CMSRU Faculty and Staff Wellness Committee has been working together to bring activities to your fingertips.

Would you be interested in a weekly meditation drop-in? If you would be interested in a weekly meditation program, please email Rosemarie Loughlin at loughlin@rowan.edu.

The summer months can offer the opportunity to try something new. If you would like to try your hand at painting, a few beginner videos on acrylic painting are available here: [Stacked Pumpkin Painting](#) or [Summer Bouquet](#) or [Spring Florals](#)

Remember to take a minute to review the CMSRU Faculty and Staff Wellness libserve to check out ways to increase your wellness. Enjoy a work-out, read an interesting article or try a yummy recipe!
[Faculty and Staff Wellness Resources](#)

Your continued commitment and willingness to offer support to our students and staff is very much appreciated. Stay well!

