

# Visiting Student Information Letter Cooper Medical School of Rowan University

#### Welcome!

We look forward to helping to make your elective weeks both informative and enjoyable. Thank you for choosing Cooper Medical School of Rowan University (CMSRU)/Cooper University Health Care as a site to further your education in this important year of medical school.

For any issues related to your rotation, please contact your clinical attending.

### Please read and review the following important information regarding your health and safety:

#### COVID-19

For known or suspected COVID-19 exposure, please contact your primary care physician (PCP). If onsite assistance is required for known or suspected COVID-19, your PCP should contact the CMSRU Student Health Center Director at #856-968-8695 for further discussion regarding testing, quarantine/self-isolation and required documentation.

## **EXPOSURES**

All visiting students completing an away elective at CMSRU will be required to complete OSHA training or comparable environmental hazard training from their home institution. Visiting students should be familiar with their home school's policy and procedure with regards to Infectious and Environmental Hazards, Needlesticks and Bloodborne Pathogens Exposure.

\*Visiting students must be familiar with the coverage levels of their student health insurance policy.

CMSRU's Infectious and Environmental Hazards, Needlesticks and Bloodborne Pathogens Exposure Policy is included on the CMSRU Visiting Student Webpage. As part of the VSLO application process for visiting students who request rotations at Cooper University Health Care (CUHC), students must sign and attest they have read, understood and will abide by the Infectious and Environmental Hazards, Needlesticks and Bloodborne Pathogens Exposure Policy. In addition, an exposure checklist (laminated card) detailing the steps to follow in the event of an exposure will be provided to all visiting students.

Any medical student who sustains a needle stick or other injury resulting in exposure to blood or bodily fluids or other environmental hazards should follow the protocol included as follows:

## 1. <u>Immediate Response- Time Matters!</u>

- a. Clean wounds or punctures with soap and water.
- b. Flush mucous membranes or skin copiously with water or saline.
- c. DO NOT "force bleed" the wound.
- d. DO NOT apply caustics (e.g. bleach, organic solvents, hard surface disinfectants, etc.).
- e. When HIV post-exposure prophylaxis (PEP) is indicated, early treatment (within hours) is recommended.
- f. Proceed Directly to Worknet Occupational Health Services or ED

Please proceed directly to Worknet Occupational Health Services (#856-338-0350) as soon as possible and identify yourself as a visiting student. Worknet is located at 300 Broadway, Suite #101, Camden, NJ, located across the street from the MEB. Worknet hours of operation are Monday-Friday, 7:30 AM to 5:00 PM. If the exposure occurs outside of Worknet's hours of operation, please go directly to the Emergency Department at CUHC. \*Due to COVID-19, Worknet is operating under the adjusted office hours of 8:00 AM to 3:00 PM.

#### 2. After First Aid

- a. Notify the staff and supervising resident and/attending physician.
- b. Carefully note the type of exposure, type of fluid/tissue involved and appropriate information about the source patient (risk factors, lab data).
- c. Blood tests will be performed as appropriate.
- d. Worknet will provide a schedule for follow up counseling and treatment, as necessary.
- e. All initial costs of laboratory tests for properly reported occupational exposures or injuries are covered by CUHC.
- f. Treatment required post-exposure or for a clinical condition that develops as a result of the exposure or injury should be covered by the student's health insurance policy.
- g. If a student is unsure whether they should participate in patient care, the student should contact the Student Health Center at #856-968-8695 or their treating PCP or specialist.